

Annual Report

2012-13

NEIAH, SHILLONG



North Eastern Institute of Ayurveda & Homoeopathy (NEIAH)

(An Autonomous Institute under the Department of AYUSH)

Ministry of Health and Family Welfare, Government of India, New Delhi
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PREFACE

On 10th May'2012, I took charge as Director, North Eastern Institute of Ayurveda & Homoeopathy (NEIAH) Shillong; in addition to my own duties as Director, North Eastern Institute of Folk Medicine (NEIFM), Pasighat, Arunachal Pradesh. It is indeed a great privilege to have been given an opportunity to head such a unique National Institute. The NEIAH Shillong, is an autonomous Institute under the Department of AYUSH, Ministry of Health and Family Welfare, Government of India. It is being developed at Mawdiangdiang, next to the North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS). It will have Colleges and Hospitals, where education and healthcare will be provided under the Ayurvedic and Homoeopathic Systems of Medicine; all under one platform. Moreover, it is designed to facilitate the promotion of Ayurveda and Homoeopathy, the expansion of health care facilities, improvement in the doctor-population ratio and R&D on bio-resources in the North East. Apart from that, the institution will be of national standard and a center of excellence in the 21st Century in education for under graduation, post graduation, post doctorate along with research for aspiring candidates of India and abroad.

It is my sincere hope and believes that the students and officials of North Eastern Institute of Ayurveda & Homoeopathy, Shillong will bring pride and glory to the Institute and the country in future and will cater the need of health care facilities to the needy people under Ayurveda & Homoeopathy system of medicines. We are committed to devote our energies for the successful establishment of this National Institute, and its dedication to the public at an early date.

Sh. Otem Dai, IAS
Director, NEIAH
Shillong, Meghalaya

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OVERVIEW

The Union Cabinet in its meeting held on 27th March, 2008 accorded approval to establish North Eastern Institute of Ayurveda & Homoeopathy at Shillong to provide health care to the people of NE Region and Sikkim under Ayurveda and Homoeopathy systems of medicine. The institute is to have Ayurvedic and Homoeopathic colleges with the admission capacity of 50 students each along with a 100 bed Ayurvedic hospital and a 50 bed Homoeopathic hospital, Documentation-cum-R&D Centre and Pharmacy with Drug Testing Laboratory.

The Institute is coming up on a plot of land measuring 20 Acres adjacent to the North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS) at Mawdiangdiang, Shillong, Meghalaya and at present the institute is running an OPD city center at Nongrim hills, Shillong and providing health care services to the general masses of Shillong and adjacent areas with Ayurvedic and Homoeopathic mode of treatment. The construction of Hospital and College buildings under Phase –I of the project is in progress .Total sanctioned cost of project is Rs.71.81 crore.

The main aim and objectives of NEIAH, Shillong

- To provide under graduate, post graduate, doctoral and post-doctoral teaching, research facilities and quality patient care services under the Ayurvedic and Homoeopathic systems of medicine;
- To conduct experiments and develop patterns of teaching in under graduate and post graduate education in all branches of the Ayurvedic and Homoeopathic systems of medicine;
- To conduct research on various aspects of Ayurvedic and Homoeopathic systems of medicine;
- To provide medical care through Ayurvedic and Homoeopathic systems of medicine to the suffering humanity;
- To conduct refresher courses for Ayurvedic and Homoeopathic systems of medicine;
- To develop, promote and propagate the science and art of Ayurveda and Homoeopathy as the case may be;

The institute once come out will be a unique one and be operated independently by the management of the institute and collocated beside NEIGRIHMS with multi-specialty, where education and health care facilities through Ayurveda & Homoeopathy will provide in one platform. Moreover, it is designed to facilitate the promotion of Ayurveda and Homoeopathy system of medicines, expansion of health care facilities and to bring improvement in doctor-population ratio and R&D on bio-resources in the entire North East.

In addition to providing health care services to the needy people the institute will function as an institution of international standard and a center of excellence in education and research for under graduation, post-graduation, post-doctorate for aspiring candidates of India and abroad and to undergo education and research in Ayurveda and Homoeopathy on its completion. Moreover, it will provide specialty medical care to the people of North Eastern States under Ayurveda and Homoeopathy system of medicines, capacity building and develop skills among Ayurveda and Homoeopathy practitioners, and will be established as a Centre of Excellence in pharmacognosy and pharmacological research related in the field of Ayurveda and Homoeopathy once it started functioning. The institute will be known as a referral center for Ayurvedic & Homoeopathic system of medicines for the people of entire North East, and to do collaborative and exchange programmes with other institutes of the country and aboard for development of Homeopathic and Ayurvedic systems of medicines and to generate public awareness about the potential of Ayurveda and Homoeopathy system of medicine for enhancing health security of rural communities including disease prevention and health promotion.

ADMINISTRATIVE REPORT

The permanent site of the institute is developing at Mawdiangdiang, Shillong-18 and presently it is running in a rented building at Nongrim Hills, Shillong-3.

1. Staff pattern and staff in position

i. Sanction Post

	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	Whether SC/ST/OBC	Remarks
1	Director	01	Sh. Otem Dai, IAS	M	ST	
2	Administrative Officer	01	Shri Tapan Chakraborty	M	General	

ii. Post on contractual

Sl No.	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	Whether SC/ST/OBC	Remarks
01	Medical Officer (Ayurveda)	02	Dr. Manashjyoti Sarma Dr. Bishnu Choudhury	M M	General General	
02	Medical Officer (Homoeo)	02	Dr. Darilin Suchiang Dr. Fairline Rynghlem	F F	ST ST	
03	Pharmacist (Ayurveda)	01	Shri Nayanjyoti Hazarika	M	OBC	
04	Pharmacist (Homoeo)	01	Shri Ankur Ranjan Saikia	M	OBC	
05	Consultant (Admin. & Acctt.)	01	Shri M K Razdan	M	General	

iii. Outsourcing Staff

Sl No.	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	Whether SC/ST/OBC	Remarks
01	Accountant	01	Shri J. Lyngdoh	M	ST	
02	Stenographer	01	Shri Ananding Marbaniang	M	ST	
03	Attendant	02	Miss. Barisha Lyndem	F	ST	
			Shri Baiabor Bahai	M	ST	
04	DEO	01	Shri Badonmon Rapmai	M	ST	
05	Multipurpose Worker	01	Shri Joshua Blah	M	ST	
06	Cleaner	02	Miss. Babina Kharmujai	F	ST	
			Miss. Bateilang Mawlong	F	ST	

iv. Post under process of recruitment

Sl No	Name of the post	No. of post	Name & designation of the person working against the post	Sex M/F	No. of Vacant Post	Whether SC/ST/OBC	Remarks
01	P.S. to the Director	01	Vacant		01		
02	Accountant	01	Vacant		01		

2. **Brief report of infrastructure of the institute:** The North Eastern Institute of Ayurveda and Homoeopathy (NEIAH) is developing at Mawdiangdiang, Shillong-18, Meghalaya with an initial project cost of Rs. 71.81 crore and the construction of office, hospital as well as teaching blocks are under progress now. However the institute is running an office cum city OPD center at Nongrim Hills, Shillong-3 in a rented building with an area of **5810 sq. fts.** (approx) and providing health care services to the needy people.

- i. Staff working : 17
- ii. Building own or rented : Rented

3. Budget (Rs. in crores)

Head	Plan	Non-plan	Total
Budget Estimate (2012-13)	26.54	0.00	26.54
Revised Estimate (2012-13)	26.54	0.00	26.54

Progress of Construction works of NEIAH Campus at Mawdiangdiang, Shillong

Sl . No	Buildings	Expected date of completion
1	Administrative cum Library Block	Completed
2	Homoeopathic Teaching Block	15 th May '2013
3	Homoeopathic Hospital Block	30 th June'2013
4	Ayurvedic Teaching Block	31 st July'2013
5	Ayurvedic Hospital Block	30 th Sept'2013
6	Road Work, External Development works, Water Tank, Bore-well, Catchment drain etc	31 st Oct'2013

TECHNICAL REPORT

1. Guest Lecture delivered:

Sl.No	Name	Name of the Institute	Title of the Paper	Date
01	Dr. Bishnu Choudhury	Atomic minerals Directorate for Exploration R Research, Dept. of Atomic Energy, North Eastern Region, Govt. of India, AMD Complex, Nongmynsong, Shillong	Ayurveda & Management of Common Diseases	26-03-2012

2. Seminar/ Conference/ Workshop/ Training Programme participated by Officers

Sl No.	Name of the Participant	Name of the Seminar / Conference/ Workshop/ Training Programme	Organized by/ Place of participation	National/ International	Date
01	Dr. Darilin Suchiang, MO (Hom)	Mother and Child Health Programme,	Health & FW Dept. Govt. of Meghalaya, Jowai	National	03-06-2011
02	Br. Bishnu Choudhury, MO (Ayu)	National Interactive Workshop on "Sukravaha srotas and Artavavaha srotas, their srotodusti vikar & Management	Rastriya Ayurveda Vidyapeeth, New Delhi in collaboration with Govt. Ayurvedic College, Guwahati, (IIE, Guwahati)	National	23-03-2012 & 24-03-2012

3. Organizing Health & Awareness Camp/ Mela/ Arogya/ Exhibition/ Others:

Sl No.	Name of Health & Awareness Camp/ Mela/ Arogya/ Exhibition/ Others	Organizer	Date & Place	Activities	Remarks
01	Health & Awareness Camp	NEIAH	12-05-2012 at Vill – Pokshy, Rynjya, District East Khasi Hills, Meghalaya	101 Patients are treated & delivered free medicine	
02	Health & Awareness Camp	NRHM, Meghalaya	5-10-2012 & 6-10-2012 & at Pynursla PHC, District East Khasi Hills, Meghalaya	120 Patients are treated & delivered free medicine	

Institution Achievement Report

- At present the institute is running one OPD City Center (both Ayurveda & Homeopathy) in a rented accommodation measuring approx. 5810 Sq.ft at Nongrim Hills, Shillong and is providing health care services to the general masses.
- The Institute is coming up on a plot of land measuring 20 Acres adjacent to the North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS) at Mawdiangdiang, Shillong, Meghalaya and at present the institute is running an OPD city center at Nongrim hills, Shillong and providing health care services to the general masses of Shillong and adjacent areas with Ayurvedic and Homoeopathic mode of treatment. The construction of Hospital and College buildings under Phase –I of the project is in progress .Total sanctioned cost of project is Rs.71.81 crore.
- Till 31st March'2013 about **55% work** of Phase – I of the project (which includes Ayurveda teaching block, Homeopathic teaching block, Ayurveda Hospital, Homoeopathic Hospital & Library block) has been completed physically.
- DPR for Phase II has been submitted by HSCC and the matter is under consideration of the Department of AYUSH. Phase II includes – Boys & Girls Hostels, Doctors Hostels, Family Quarters, International teaching and Residential block, PG teaching block, Nursing college & Pharmacy College, Drugs Testing Laboratory and Medicine Manufacturing unit).
- MoA, Rules and Regulations and Bye-laws of NEIAH, Shillong have been approved by the competent authority and the Institute has been registered under Meghalaya Societies Act, XII of 1983.
- Proposal for creation of required posts including faculty members and draft Recruitment Rules (RRs) for all the proposed posts to be filled up to start the functioning of the institute is in progress .
- A total of 12,198 patients (Ayurveda - 7960 and Homoeopathy – 4238) with an average of **50 – 60** patients per day have visited and benefitted from the city OPD centre from **1st April '2012 to 31st March'2013**. Patients were provided with free medicines as per availability.

- Every efforts are on to start the colleges from the academic session 2013-14 accordingly proposals have been sent to respective Councils i.e. CCIM and CCH for permission to start the college and NEHU, Shillong for affiliation for the courses.
- The Medical Officers of NEIAH had under gone various Training Programme/ Seminar/ Conference under continued medical education programme for enriching & up gradation of the technical knowledge of the officials which would help in rendering quality health care services to the general masses. The officials have attended National Interactive Workshop on “Sukravaha srotas and Artavavaha srotas, their srotodusti vikar & Management organized by - Rastriya Ayurveda Vidyapeeth, New Delhi in collaboration with Govt. Ayurvedic College, Guwahati, (IIE, Guwahati) and CME Programme (Homoeopathic) on Mother and Child Health held at Jowai,, Meghalaya
- The official Website of NEIAH, Shillong ie. www.neiah.nic.in has been launched and is being regularly updated.
- NEIAH is providing Ayurvedic and Homoeopathic system of medical treatment to Central Government Employees in collaboration with CGHS Wellness Centre.
- The facility at OPD City Centre, NEIAH was upgraded by installing LAN (Local Area Network) for better treatment and more medical information for Doctors. National Informatics’ Centre, Shillong has been requested to develop special software for documentation of Dispensary.
- CCTV has been installed for increasing security and monitoring.
- The institute has published 1st issue of Annual Magazine namely “AYUHOM” and the 2nd issue of “AYUHOM” is under publication. So far three issues of NEWS LETTER have been published by the institute.
- NEIAH Shillong organized two health camps in the East Khasi Hill District of Meghalaya (on 12th May’2012 & 5 – 6 Oct’2013) to promote and popularize the Indian System of Medicine & Homoeopathy.
- Dr. Bishnu Choudhury is delivered a Guest Lecture on Ayurveda & Management of common diseases at Atomic minerals Directorate for Exploration R Research, Dept. of Atomic Energy, North Eastern Region, Govt. of India, AMD Complex, Nongmynsong, Shillong on dated 26.03.2013.

HOSPITAL STATUS

OPD City Centre at a Glance –

North Eastern Institute of Ayurveda & Homoeopathy (NEIAH), Shillong, is running a OPD centre in a rented building of Meghalaya State Housing Financing Co-operative Society Ltd. at Nongrim Hills, Shillong-3, since 4th November'2010. At present, there are two doctors each from Ayurveda and Homoeopathy available for consultation at the OPD centre where the number of patients is gradually increasing day by day. A total of 12,198 patients (Ayurveda - 7960 and Homoeopathy – 4238) have visited and benefitted from the OPD centre from **1st April '2012 to 31st March'2013**. Most of the patients are visiting the OPD centre mainly for treatment of Osteoarthritis, Rheumatoid arthritis, Gout, Hypertension, Acid peptic disorder, Skin diseases, Diabetes mellitus, Constipation, Ethanol intoxication and Neurological disorder etc.

Statement of Patients attended Ayurvedic City Centre OPD during the reporting year 2012-13:

Month	Ayurvedic	Homoeopathic	Total
April'12	0707	0361	1068
May'12	0795	0477	1272
June'12	0811	0442	1253
July'12	0961	0436	1397
August'12	0827	0367	1194
September'12	0738	0335	1073
October'12	0574	0311	0885
November'12	0558	0259	0817
December'12	0505	0263	0768
January'13	0505	0265	0770
February'13	0461	0322	0783
March'13	0518	0400	0918
Total	7960	4238	12,198

**OPD CITY CENTRE
COMPLEX OF MEGHALAYA
STATE HOUSING FINANCING
COOPERATIVE LTD.
NONGRIM HILLS, SHILLONG
MEGHALAYA – 793003**

OPD TIMING :
Monday to Friday
(9AM-1PM, 2PM-4PM)
& Saturday
(9AM-12 NOON)
Close on Govt. Holiday

Photo Gallery

OPD City Centre, NEIAH at Nongrim Hills, Shillong



Photo Gallery

Health Camp Photos



National Interactive Workshop on “Sukravaha srotas and Artavavaha srotas, their srotodusti vikar & Management organized by - Rastriya Ayurveda Vidyapeeth, New Delhi in collaboration with Govt. Ayurvedic College, Guwahati, (IIE, Guwahati)



Dr. Bishnu Choudhury is delivering Guest Lecture on Ayurveda & Management of common diseases at Atomic minerals Directorate for Exploration R Research, Dept. of Atomic Energy, North Eastern Region, Govt. of India, AMD Complex, Nongmynsong, Shillong

