



सत्यमेव जयते



**SEMINAR**  
**on**  
**“AYURVEDA FOR LONGEVITY**  
**with reference to**  
**NCDs and life style disorders”**  
(As a part of the 4th Ayurveda Day Celebration, 2019)

**Date : 27<sup>th</sup> March, 2020**

**Time : 10:00 AM – 1:00 PM**

**Venue**  
**NEIAH, Shillong, Seminar Hall**

**KEY NOTE SPEAKERS :**

**Prof. (Dr.) H. M Chandola**  
Former Director,  
Ch. Brahm Prakash Ayurved Charak Sansthan, New Delhi.

**Prof. (Dr.) Sanjeev Rastogi**  
Dept. of Kaya Chikitsa,  
State Ayurvedic College, Lucknow, U.P



**Organised by:**

**North Eastern Institute of Ayurveda & Homoeopathy**  
**Mawdiangdiang, Shillong, Meghalaya- 793018**