

### **Details of Research development works**

- At NEIAH, Shillong, a PHI project is currently ongoing. The title of the project is "Promoting the Ayurveda interventions for Iron Deficiency Anemia (IDA) among tribal females (18 to 45 year of age) in Mawpat and Myllem Block of East Khasi Hills district of Meghalaya which is being implemented as a component of the Ayurwashthya Yojana.
- NEIAH is also in collaborating with the Team Smart 3.0 program, Central Council for Research in Ayurvedic Sciences (CCRAS), New Delhi to execute the Research Project titled : Effectiveness of Punarnavadi Maṇḍūra in the management of Anaemia in older adults: A Community-Based Study"002E.
- 16 nos of Research project undertaken by the Institute, out of which 4 nos. of Research Project are completed.

**Research Activities:**

Details of various Research and Development activities undertaken by the Institute:-

sl No	Discipline	Details	Nos.
1	Ayurvedic	(i) A prospective interventional study on the effect of ASA-20 (Ayush Kwath, Samsamani vati, Anu taila) as a prophylactic measure among High risk population exposed to COVID-19.	01
		(ii) A prospective open label randomised controlled trial of Ayurvedic intervention in asymptomatic and mild symptomatic cases of COVID-19.	01
2	Homoeopathic	(i) A prospective interventional study on the effect of Arsenicum Album 30C as a prophylactic measure among High risk population exposed to COVID-19.	01
		(ii) A prospective double blind randomised controlled trial of Eupatorium perfoliatum 30C in asymptomatic and mild symptomatic cases of COVID-19.	01