PRESS RELEASE

The North Eastern Institute of Ayurveda & Homoeopathy (NEIAH) is an autonomous Institute under Ministry of AYUSH, Govt of India situated at Mawdiangdiang, Shillong near North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences (NEIGRIHMS). The institute organised a One- day Workshop on 5th November 2018 on the theme "Ayurveda for Public Health" on the occasion of 3rd National Ayurveda Day celebration at the Institute Campus.

The day commenced with "Run for Health" which was flagged off by Prof (Dr) Noor Tapno, Medical Superintendent, NEIGRIHMS, Shillong at 8:00 am where around 300 participants including students, faculty members, staff of the Institute and local public participated.

The inaugural function of the workshop at 10:30 am was graced by Prof. (Dr) Premavati Tiwari, former Dean, Faculty of Ayurveda, BHU as Chief Guest, Prof (Dr) D.M. Thappa, Director, NEIGRIHMS, Shillong and Smti. Patricia Mukhim, Editor-in chief of The Shillong Times, Shillong as Guests of Honour and Prof. Gautam Saha, Dean, School of Technology, NEHU, Shillong as the Invited Speaker. On this occasion, Prof (Dr) P.K Goswami, Director, NEIAH welcomed the guests and the august gathering and emphasised on the significance of the event. Smti. Patricia Mukhim who also spoke on the occasion, stressed the need for promotion and propagation of the mighty science of AYURVEDA and its role in treating different ailments, as Ayurvedic medicine has no side effects. She also described NE as a hot spot of Biodiversity. Prof (Dr) D.M. Thappa described vividly regarding Public Health and their importance for prevention of different diseases and stressed to use Ayurveda for management of such public health problems. Prof. Gautam Saha, Dean, School of Technology, NEHU, Shillong asked to think innovative technology and also to use technology for diagnosis of diseases in Ayurvedic diseases parameter and also the need for research in herbal medicine. The Chief Guest Prof.(Dr) Premavati Tiwari offered ushered her blessings to the event by addressing the audience and described about AYURVEDA and its importance in the present era for curing different lifestyle disorders. She also asked the gathering to use maximum Ayurvedic medicine for their day to day ailments. The Vote of Thanks was proposed by Smt. Kimchin Lhangum, ACS, Deputy Director (Admim), NEIAH. The inaugural function was drawn to a close by singing of the National Anthem.

The inaugural function was followed by two Technical sessions. In the first session keynote address was given by Prof. (Dr) Premavati Tiwari, former Dean, Faculty of Ayurveda, BHU and Prof.(Dr) S.K.Chakraborty, HOD Dept. of Roga Nidan, Government Ayurveda College, Guwahati; Dr. P.S Upadhaya, Assistant Professor, Dept of Kaumarbhriya, BHU and Prof (Dr) Kailash Bhattacharya, HoD, Dept. of Biochemistry, Gauhati Medical College, Guwahati were the invited speakers.

On the occasion of National Ayurveda Day, Lord Dhanwantari Puja (God of Ayurveda) was also performed in the institute campus in the morning hours.

The Institute felicitated renowned academicians/ practitioners of North East for their outstanding contribution in academics and selfless service towards mankind in the field of AYURVEDA during the inaugural program (List attached).

Prof. (Dr.) P.K Goswami

Director 20

North Eastern Institute of Ayurveda&Homoeopathy Shillong

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Remoner Academicians/ Arctitioner feliciated on 5/11/18 on occasion of National Agenceda Day

- 1. Prof. (Dr.) Sashadhar Sarma, Former Head of the Department, Department of Sharia, Govt. Ayurvedic College, Guwahati, Assam
- 2. Dr.Ganesh Ch. Dev Sarma, Former Head of the Department, Department of Dravya Guna Vigyan, Govt. Ayurvedic College, Guwahati, Assam
- 3. Prof. (Dr.) Balen Baishya, Former Principal (i/c) & Former Head of the Department, Department of Prasuti Tantra & Stri Roga and Department of Kaumarbhritta., Govt. Ayurvedic College, Guwahati, Assam
- 4. Prof. (Dr.) S.K. Chakrabarty, Head of the Department, Department of Roga Nidan, Govt. Ayurvedic College, Guwahati, Assam
- 5. Dr. Dilip Kumar Goswami, Head of the Department, Department of Agadatantra and Vidhi Vaidyak, Govt. Ayurvedic College, Guwahati, Assam
- 6. Dr. Abhijit Bhattacharjee, Medical Officer (Ayurveda), Under the Directorate of AYUSH, Health & FW, Govt. of Tripura
- 7. Dr. Sumita Kharmawpalang, Ayurvedic Physician, Under the Directorate of AYUSH, Health & FW, Govt. of Meghalaya

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